

Study Materials

National Opticians Practical Examination – Simulated Skill Examination

The following materials will assist you with studying for the National Optician’s Practical Examination. The publications referenced are *System for Ophthalmic Dispensing* and the *Contact Lens Manual: A Comprehensive Study and Reference Guide, Volume 1*.

SPECTACLES

1. Measure Pupillary Distance and Segment Height
 - a. Chapter 3 – *System for Ophthalmic Dispensing*, 3rd Ed. Brooks & Borish

2. Neutralization of Spectacles
 - a. Chapter 15, Pg. 349 – *System for Ophthalmic Dispensing*, 3rd Ed. Brooks & Borish
 - b. Chapter 19, Pg. 435 – *System for Ophthalmic Dispensing*, 3rd Ed. Brooks & Borish
 - c. Chapter 20, Pg. 455 – *System for Ophthalmic Dispensing*, 3rd Ed. Brooks & Borish

CONTACT LENSES

1. Identify Contact Lens Images and Conditions of the Eye
2. Evaluate Contact Lens Fits Using a Slit Lamp (Biomicroscopy)
3. Identify Various Pathologies and Illuminations Using a Slit Lamp (Biomicroscopy)
4. Perform Corneal Curvature Measurement (Keratometry)

Chapters: 2, 4, 5, & 6 – Contact Lens Manual: A Comprehensive Study and Reference Guide, Vol. 1