The following materials will assist you with studying for the National Optician’s Practical Examination. The publications referenced are *System for Ophthalmic Dispensing* and the *Contact Lens Manual: A Comprehensive Study and Reference Guide, Volume 1*.

**SPECTACLES**

1. Measure Pupillary Distance and Segment Height

2. Neutralization of Spectacles
   a. Chapter 15, Pg. 349 – *System for Ophthalmic Dispensing*, 3rd Ed. Brooks & Borish
   c. Chapter 20, Pg. 455 – *System for Ophthalmic Dispensing*, 3rd Ed. Brooks & Borish

**CONTACT LENSES**

1. Identify Contact Lens Images and Conditions of the Eye
2. Evaluate Contact Lens Fits Using a Slit Lamp (Biomicroscopy)
3. Identify Various Pathologies and Illuminations Using a Slit Lamp (Biomicroscopy)
4. Perform Corneal Curvature Measurement (Keratometry)